

Pastor Troy R. Jones – Biography

Pastor Troy R. Jones is a dynamic leader, inspirational speaker, certified life coach, martial arts instructor, certified investigator, and five-time published author. With over 30 years of experience in human services, Pastor Jones has dedicated his life to empowering men, families, and communities to heal from trauma, build healthy relationships, and thrive. Above all, he is a servant of Jesus Christ, boldly proclaiming his love for the Lord and Savior who has transformed his life and called him to this work. As a domestic violence survivor and social advocate for Healthy Masculinity, he passionately works to redefine manhood through transparency, accountability, emotional wellness, and biblical principles of love and restoration.

Pastor Jones is the Founder and President of 108 Community Organization, a registered 501(c)(3) nonprofit organization that focuses on holistic healing for men and their families impacted by trauma, abuse, neglect, and other adverse experiences. Under his leadership, 108 Community Organization has become a hub for innovative programs that address the often-overlooked emotional and relational needs of men, while also offering family-centered services to promote generational healing.

One of Pastor Jones' most impactful contributions is the creation of the B6 Men's Support Group and Curriculum, a weekly, peer-based support group that has been meeting every Wednesday since 2014. B6 provides a structured, safe space for men to identify, acquire, and maintain healthy relationships, personally and professionally. The eight-session curriculum focuses on mental, emotional, relational, and spiritual health, supported by licensed therapists and suicide prevention specialists. Today, B6 continues to grow with over 362 active members, and has been successfully implemented in institutions such as Mt. Zion Prep Academy, the National Center on Institutions and Alternatives (NCIA), Emerge Inc., Chain Breakers Church, and the PA Inclusive Homeschool Co-op.

Expanding his advocacy into the literary world, Pastor Jones is also the creator and lead author of *Real Men Are Sexier When They Are Transparent*, a groundbreaking book available on Amazon that features four additional men as co-authors. Together, they share vulnerable, transformative stories that challenge societal norms and encourage men to embrace transparency as a strength — a message rooted in biblical truth that "confession brings healing" (James 5:16).

As an author, Pastor Jones has published five impactful books, including *The Forbidden*

Journal, The Relentless Pursuit, and Wounds to Wisdom, all of which offer practical guidance and deeply personal reflections on overcoming life's challenges. In addition to his individual works, Pastor Jones has also served as a contributing co-author in books written by women addressing abuse and trauma — often as the only male voice, boldly sharing his own story to give voice to men who have suffered in silence. His writings are dedicated to breaking the silence around men's trauma and creating practical pathways for healing, growth, and renewed purpose, always pointing back to the hope found in Christ.

Pastor Jones is also an educator and mentor, partnering with schools and homeschool networks to teach interactive, relationship-focused courses for both youth and parents. His Blueprint for Healthy Relationships curriculum has been successfully adopted by Inclusive Academy in Pennsylvania, equipping students and families with tools for emotional intelligence, conflict resolution, and healthy communication — all grounded in biblical values of respect, love, and accountability.

Additionally, he is expanding his reach through creative ventures like B6 Vitality Blends, a men's herbal tea product designed to promote wellness and connection, and The Relationship Blueprint Tour, a national event series aimed at redefining modern relationships through transparent conversations and authentic community engagement.

A sought-after speaker, Pastor Jones has been a keynote speaker at nationally recognized events, including the Nation's Capital Domestic Violence Rally (2021 & 2023) and Morgan State University's Youth Summit (2022), where he shares his personal testimony and professional insights to inspire others toward healing, faith, and hope.

Further reflecting his commitment to family, legacy, and God's purpose, Pastor Jones is also the creator of several inspiring family-centered initiatives, including the "Daniel Collection" — a creative project inspired by his son, designed to promote generational wealth and positive identity for boys — and The J.O.R.D.A.N. Bracelet, a symbol of love, healing, and empowerment inspired by his daughter. Both projects embody his lifelong mission to build legacy, family unity, and purposeful living, as a reflection of God's love.

Pastor Jones currently resides in York, Pennsylvania, with his loving wife and children. His life's mission is clear: to empower individuals and families to overcome trauma, build resiliency, and become the best versions of themselves through the transformative power of Jesus Christ, believing that through intentional healing and God's grace, anyone can move beyond their past and into a fulfilling life.

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